



## CAPE COD TRAINING PROGRAM

Develop Presence, Insight  
and Skills for High-Impact  
Interventions

DATES:

### WEEK 1

Live-Online

May 15-17 & 20-22

### WEEK 2

Boston, MA

September 23-27

LIVE-ONLINE

SESSIONS MEET:

Wednesday-Friday &  
Monday-Wednesday,  
9:00AM - 5:00PM  
Eastern

IN-PERSON

SESSIONS MEET:

Monday: 9am - 5pm  
Tuesday: 9am - 5pm  
Wednesday: 9am - 1pm  
Thursday: 9am - 5pm  
Friday: 9am - 5pm  
Eastern Time

IN-PERSON LOCATION:

The NonProfit Center  
89 South Street  
Boston, MA 02111

FACULTY:

Sharona Halpern  
Stuart Simon

PROGRAM FEE:

\$5,400

\$5,350 GISC Member

\$250 FEE DUE WITH APPLICATION

CE HOURS:

69

**HYBRID:** The Cape Cod Training Program (CCTP) offers the opportunity to change the way you see human behavior, human connections and human potential in the workplace and in everyday life.

The program has provided a distinctive learning opportunity for consultants, therapists, coaches and leaders from around the world since 1980. In structured and highly interactive sessions, participants learn how to become effective agents for change using the Cape Cod Model®.

CCTP teaches a specific process of intervening for the highest possible impact for individuals, dyads and small groups/work-teams. The program is structured so that content and theory presentations are followed by intensive small group practice sessions in which the foundational principles are applied. Because of our small faculty-participant ratio, this program provides an unusually high level of individual attention, with each participant receiving daily feedback from our seasoned faculty.

The first week of the program (the first live-online session) focuses on working with dyads and includes: perceiving the system as a whole instead of as separate individuals; exploring the role of the intervener; examining countertransference and boundaries; and understanding and connecting intimate and strategic ways of relating.

The second week (in-person in Boston, Massachusetts) will focus on working with small groups. Topics include: working effectively within a hierarchical system; introduction of the similarities between working with families and working with teams or other small groups; and learning how to help small groups become more effective and successful.

Whether you work with individuals, dyads, families, groups or work-teams, the Cape Cod Training program will enrich your capacity to intervene with impact.

## Benefits

As a participant in this  
program you will:

- Learn to use yourself as a powerful instrument of influence
- Learn an approach that recognizes how people connect
- Develop the ability to give compelling, appreciative feedback
- Learn how to appreciate and articulate the competence of the client or client system
- Understand a sequence of steps for intervention
- Gain insights into the differences between strategic and intimate ways of relating and understand the appropriate use of each
- Learn creative approaches to helping clients expand their range of behavior
- Enhance their ability to work with differences
- Have an opportunity for extensive practice
- Receive daily faculty feedback

## Participants

*This program is designed to benefit coaches, organizational consultants, psychologists, psychotherapists and other mental health professionals, as well as leaders, educators, and others.*

## Continuing Education

**Coaches:** This program is ICF certified for 69 core competency hours.

**Psychologists, Social Workers and Licensed Mental Health Counselors:** Please see program webpage for CEU details.



[gisc.org](http://gisc.org)

508.349.7900

GISC • Wellfleet, MA